

Endoscopy With Bravo Preparation

ENDOSCOPY:

Sometimes referred to as an EGD, is a visual examination of the upper intestinal tract using a lighted, flexible fiber optic endoscope. You are mildly sedated for this procedure. The endoscope is gently inserted through your mouth into the upper esophagus. Then, the endoscope is passed into the stomach and duodenum, or first portion of the small intestine.

Five (5) Days Before Procedure:

- DO NOT DRINK ALCOHOL FOR (5) DAYS PRIOR TO YOUR PROCEDURE.
- DO NOT take any aspirin or ibuprofen products. Tylenol (acetaminophen) is allowed.
- Stop taking anticoagulants or blood thinners such as: Coumadin, Naprosyn, Nuprin, Persantine, Plavix, Relafen, Rufen.

Day Before Procedure:

- DO NOT EAT OR DRINK ANYTHING **AFTER MIDNIGHT**.

Day of Procedure:

- Take any currently prescribed heart or blood pressure medications with a sip of water.
- If you are diabetic, you can take your medications the day before the procedure. If you are insulin dependent, you can take a 1/2 dose the evening before the procedure. DO NOT take medications the day of the procedure.
- You may have clear liquids until 7:30 AM **ONLY IF YOUR PROCEDURE IS SCHEDULED AFTER 1:30 PM**.
- Plan on being at the facility for approximately 2 hours.
- A driver must accompany you to drive you home after your procedure. You will be sedated for your EGD and will be drowsy for several hours after the procedure. You may not drive or work for 12 hours after the procedure.
- YOU WILL **NOT** BE ALLOWED TO DRIVE OR TAKE A CAB.

Procedure
Date: _____

Check-In
Time: _____

Location: _____

TEXAS HEALTH HARRIS METHODIST H.E.B. HOSPITAL

1600 Hospital Pkwy Bedford, TX 76022

(Enter thru ER entrance and go to the Out Patient Registration Desk)

_____ **DIGESTIVE HEALTH CENTER OF BEDFORD**

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